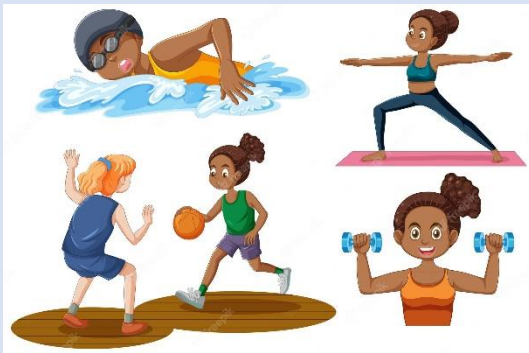




A knowledge organiser lists the necessary knowledge and vocabulary that the children should know by the end of the unit of work. Please work with your child at home to learn this information.

Science Knowledge Organiser Year 2

Animals Including Humans – Exercise, Food & Hygiene



Necessary Knowledge

- Exercise is important to keep humans healthy.
- Hygiene is important to keep humans healthy.
- A healthy diet is important to keep humans healthy.
- We know different ways to keep ourselves clean.
- Washing our hands with soap and water is a good way to get rid of germs.

Vocabulary, muscles, bones, pulse, hygiene, germs, wash

- diet & nutrition
- exercise
- hygiene & germs
- food groups – carbohydrates, dairy, protein, fruit and vegetables, fats and oils
- energy
- exercise
- heart rate/pulse
- muscles and bones

